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# In-house Clinicians Provide Support When You Need It

Whether you want to boost team morale, promote mental health resources, help an employee with a substance use or mental health concern, or provide additional support after a significant event, Spring Health clinicians dedicated to Abbott can help in many ways:

1

### Promote Spring Health benefits

- Encourage Spring Health awareness and engagement
- Join team meetings and events, as needed, to increase awareness

2

### Provide in-the-moment support

- Provide short-term therapy for employees in Lake County, IL
- Drop in office hours
- Provide critical incident response services following a workplace event, like a death of an employee

3

### Conduct manager consultations

- Support managers with challenging cases related to their employees
- Triage cases to Spring Health Management Consultants as needed

4

### Lead educational trainings

- Webinars on emotional well-being topics and Spring Health benefits

## Get started.

**Tara Hinds: Mon-Tues**  
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**Spring Health also provides 24/7 Crisis Support**  
Phone: 855-629-0554, *Option 2*

**In-house Clinicians office located in  
Occupational Health Clinic in AP6D**

**Office Phone: 347-201-0411**